**مكونات الشيك اوف بالانجليزي**

Shake Off components

✴1 / vegetable fibers:

A) Clean and remove toxins from the intestine and colon

B) dissolve and burn fat and give a feeling of satiety

/2 / Roselle (hibiscus)

A) Rich in Vitamin C and a natural diuretic

B) Lower blood pressure and help relieve fever

C) Reduces the hypothesis of cirrhosis and promotes skin beauty

✴3 / oats:

A) Rich in bran and fiber that prevents colon cancer

✴4 / Garcena Cambogia (sycamore fruit)

A) Helps thinness and burns carbohydrates

B) regulate blood sugar levels and lower cholesterol

✴5 / inulin (vegetable starch)

A) A vital precursor to the production of good bacteria

B) It improves the absorption of minerals and vitamins

**فوائد الشيك اوف بالانجليزي**

Shake-Off treats a lot of digestive, nervous and stomach colon problems.

Benefits: Shake-Off\_worries .... helps treat

Constipation

Bulges

Fat on the liver

Harmful Cholesterol

- Download rumen

- It works as a general cleaner for the digestive system

Eliminating recurrent colon pain caused by unhealthy food

Help treat and relieve irritable bowel pain

Gases

Elimination of stomach germ

**طريقة استخدام شيك اوف بالانجليزية**

How to use a sheck off //: -

-----------------------------------

The shake-off is taken immediately before bed, after the end of the last meal.

💎💫 Where 250 ml of cold water is used, the shake-off condition is mixed with it, it is shaken well and then drunk before bed.

👈 With the necessity of not eating or drinking anything after eating the shake off until the morning.

🌸💫 Notes The Check Box contains 12 envelopes and is sufficient for a period of 17 days.

Whereas:

👈 In the first 7 days, the shake-off is taken daily before bed.

👈 After the 7 days, the shake-off is taken off day after day.

It is 100% natural. It has no side effects. Feeling the results after eight hours of use. It should be regular to get the best possible result.

إنه طبيعي 100٪. ليس له آثار جانبية. الشعور بالنتائج بعد ثماني ساعات من الاستخدام. يجب أن يكون منتظمًا للحصول على أفضل نتيجة ممكنة.

**فوائد الكلورفيل**

Benefits of chlorville:

[1] Reducing wrinkles and the effects of aging

[2] Detoxification by faeces

[3] Increased red blood cell count

[4] Restores cellular youth

[5] It strengthens the body's immune system

[6] Analyzes fats and digests sugar

[7] It oxidizes blood and turns sugar into grape sugar

[8] It helps inhaling oxygen in abundance

[9] The rest of sleep and rest in a deep sleep

It is recommended for all who suffer from

- Joint pain and roughness

- Great pain in all its forms

- Osteoporosis and disposal

- Reflux esophagus

- Ulcers

- The duodenal infections

- overweight

Pale complexion

- Anemia

- Arthritis

Constipation

Work pressure and stress

Always hotter

Frequent smoking

Decreased intake of vegetables

How to use: .🔍🔍

Mix 1 tablespoon of chlorophyll (250 ml of mild water and drink a dark green mixture

**مكونات السبلينا كلوروفيل**

Ingredients for chlorophyll:.

1 zinc helps the cell division and growth

2 Calcium benefits teeth and bones

3 Potassium tries to build muscle and natural growth of the body

4 additional phosphorous kidney functions and regulates heartbeat

5 Iron contributes to the flow of oxygen into the blood and muscles

6 Vitamin E nourishes the skin and stimulates the brain

7 Vitamin C dental health, gums and anti-carcinogenic properties

8 Vitamin A strengthens heart function, vision, tissues and skin

Very useful for pregnant and lactating women

طريقة استخدام السبلينا

How to prepare: -

There are 4 ways to use Splina, a chlorophyll drink

> The small cap on the package and add it to a glass of 250 ml cold water

Put 6 caps of chlorophyll drink (Splina) in a liter and a half of cold or lukewarm water and drink at intervals

Drink two covers of Chlorophyll Drink (Splina) in 500 ml of cold or lukewarm water 3 times daily before each meal.

Chlorophyll (Splina) can be used in juice and fresh milk